



E-Safety and Online Life

ParentLearn

10 February, 2022

Cars are a brilliant invention...

- Give us freedom
- Help us in emergencies
- Have some really cool technology
- Enable us to socialise
- Bring families together
- Help us access our work
- Allow us to get essential provisions
- Give us choices

When a teenager learns to drive...

- Might be more dexterous than we are, especially when reversing
- Might have a better memory for the Highway Code
- Might have cooler places to go and friends to take with them
- Might even have their own car and a job to help them run it... but

What are the main questions I need to be aware of?

- What can my child independently access when left unsupervised? (video streaming sites)
- Who is my child talking to online?
- Are privacy settings robust or is my child inadvertently revealing vital privacy data (location, age, name) to strangers?
- What online content is my child exposed to?
- What does their access connect up to, e.g. bank accounts?
- Does my child know what to do if they come across something which makes them upset or uncomfortable?

- What's the PEGI rating?
- What is my child's reason for posting and chatting? (feedback, likes?) and is this becoming obsessive?
- What next levels does this access lead to, e.g. gaming / gambling sites?
- What kind of digital footprint is my child leaving in their online life, directly or by association?
- What kind of downtime is my child getting for their mental health and physical wellbeing?
- Tough one: What kind of digital role model are you for your child?

What is the impact of the choices I do and do not make?

- You know your child best and we don't want to tell people how to parent.
- You also know yourself best...
- Do you ever feel under pressure to conform or deliver what you would really prefer not to deliver?
- Does internet safety feel overwhelming and complex? What next then?
- What is the short- and long-term impact of saying 'no'?



Qustodio

- Compatible with all devices
 - 1) *Allows a parent to vet and set which websites and apps children can have on their device*
 - 2) *Allows parents to set access time limits on devices without jeopardising use of a phone to call home*
 - 3) *Auto filters other content (needs parameters set up) and pings alerts to parent's device*
 - 4) *3 levels of permissions: allowed contents; auto-blocked content and also reviewable content*

Google Family Link

- Works with Android and Chromebooks
- Parent has permission app on phone or device which receives a request when the child submits a request to access a site / app
- Once permission is granted, a database builds up of allowed content
- Allows parents to set access time limits on devices

Internet Router Filter

- Your internet provider will offer a service to block certain content over your wi-fi router – bear in mind that this will only cover your wi-fi and will not cover content viewed on your child's phone via mobile data
- You would need to have in place filtering via the mobile network or alternatives such as Qustodio, Google Family Link, Vodaphone [Digital Parenting](#) filters and Apple [‘Ask to Buy’](#)

Am I able to have an open conversation with my child about risks?

- From photoshopped and unrealistic toxic images to online bullying; from games which are above their PEGI age-range to early building bricks of gaming addiction...do you have the knowledge and language to talk to your child about the risks? Are you able to put down boundaries which you know will be robust when tested?
- How do you overcome the frequent fact that your child knows a lot more about accessing and navigating the Internet than you do – but has no life experience with which to judge it...

What do we teach in school? SafeAPPS

**HUNSLEY
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STAYING SAFE ONLINE

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HUNSLEY PRIMARY Safe APPS

- A** **Ask** Always ask before you use an electronic device and use it where an **Adult** is nearby
- P** **Personal Information** This is **Private** and shouldn't be shared with people you don't know
Your full name, address, school, phone number and places you like to go.
- P** **Photos** These are for your family and friends.
Never send a photo of yourself without checking with your **Parents**
- S** **Say Something** If something doesn't seem right, don't switch off - **Shout out!** Let the adult decide what to do

SAFE Apps KS2 – KeepingSafe2

Stop

- **Stop and think before you share!** Your photos, personal information and words will no longer be under your control once you have published them.
- Don't use other people's ideas, images or words without their permission.

Alert

- **Are you protecting your passwords?** Be alert about security at all times.
- Change your passwords regularly and never share them.

Fake

- **Is it fake or is it real?** News, views and images can all be fake and we need to take time to question it. Don't believe everything you see on screen!
- Think before you repeat it or try to copy it: is it the truth?

Engage

- **Are you an informed Internet user?** If something worries you, don't ignore it: talk about it! Stay switched on and engaged; your ideas and feelings matter.



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Online issues

Coerced online child
sexual abuse

Gaming

Misinformation

Online Bullying

Online Challenges

Parental controls

Pornography

Sexting

Social Media

Guides and resources

Parents and Carers

Teachers and school staff

Residential care settings

Grandparents

Governors and trustees

Foster carers and
adoptive parents

Social workers

Healthcare Professionals

Social media guides

Safe remote learning hub

Training and events

Training and events

Events

Research

UKSIC research

Other research



Where can I find out more?

- [Vodafone](#)
- [Digital Parenting](#) magazine
- [Old Macdonald had a Phone](#)
- [NSPCC](#)
- [Childnet](#)
- [CEOP](#) – for reporting concerns about online grooming